

# Depression Bible Quiz

1. It is impossible to fight depression.  
False - Philippians 4:13
2. Depression is inevitable when we think of the evil in the world.  
False - Psalm 37:1-2
3. God's heart is to bring healing, not mourning.  
True - Isaiah 61:1-2
4. Christians are instructed to cast their anxieties on God.  
True - 1 Peter 5:6-8
5. Fullness of joy is found in God's presence.  
True - Psalm 16:9-11
6. Anxiety can lead to depression.  
True - Proverbs 12:25
7. We should rejoice at certain times.  
False - Philippians 4:4
8. Praying with thanksgiving leads to peace.  
True - Philippians 4:6-7
9. Scripture is specific about what kinds of things we should think about.  
True - Philippians 4:8-9
10. We are to give thanks under certain circumstances.  
False - 1 Thessalonians 5:18
11. When Hagar sobbed in despair, God gave her a promise of hope.  
True - Genesis 21:15-18
12. Even Elijah felt discouraged and alone at times.  
True - 1 Kings 19:11-12
13. Joshua had to overcome discouragement.  
True - Joshua 1:9
14. David was very open with God about his feelings of despair.  
True - Psalm 13:1-2
15. David dealt with symptoms of depression.  
True - Psalm 6:6
16. Because of David's patience and persistence, God delivered David from despair.  
True - Psalm 40:1-3
17. Jonah's anger led to depressive thoughts.  
True - Jonah 4:1-3
18. Jesus never wept.  
False - John 11:33-35
19. Paul's persecution brought him to depression.  
False - 2 Corinthians 4:6-9
20. The key to Paul overcoming potential depression lay in his strong personality.  
False - 2 Corinthians 12:9-10
21. Depression separates us from God's love.  
False - Romans 8:35-39
22. Other people can turn our mourning into gladness.  
False - Psalm 30:11-12
23. Christ desires that we have a life that is abundant.  
True - John 10:10
24. It is possible to be fully free from depression.  
True - Matthew 19:26
25. Someday, all sorrow and crying will cease.  
True - Revelation 21:4