

Walk for Hope

**Saturday, September 18, 2010 10am in DeWitt, Iowa at
The Clinton County Fair Grounds Auditorium 331 E. 8th Street DeWitt Iowa 52742**

About 'Walk for Hope'

The forth-annual, community-based Walk for Hope is primarily a fund raising event for Depression Awareness & Suicide Prevention and Support. **A scenic 5K walk starting at 10am.**

Packet Pick Up and Late Registration

Saturday September 18, 2010, 8:30 – 9:30 AM
The Clinton County Fair Grounds Auditorium 331 E. 8th Street DeWitt Iowa 52742

Post Event Party

The Post Race Party will take place at The Clinton County Fair Grounds Auditorium.
Food and Beverages Provided. Raffles and Give- Aways.

Registration

Children 5 and under are free (no t-shirt) - strollers are allowed at the back of the walk.
Anyone registered after September 1st will not be guaranteed a T-shirt.

Email: _____ **Age on Race Day** _____

Name _____
First Middle Initial Last

Address _____

City _____ State _____ Zip _____

Circle T-Shirt Style Short Sleeve (standard) or Long Sleeve (\$5 extra)

Circle T-Shirt Size Youth Small Youth Medium Youth Large Adult Small
Adult Medium Adult Large Adult XLarge AdultXXLarge (\$2 extra) Adult XXXLarge (\$3 extra)

Payment

\$20.00 (ages 13 and older): \$ _____

\$12.00 (ages 6-12): \$ _____

Extra \$2 or \$3 for XX or XXX \$ _____

Extra \$5 for Long Sleeve: \$ _____

Donation to MJL Foundation: \$ _____

TOTAL: \$ _____

Make checks payable to: **MJL Foundation OR Register Online at www.mjlfoundation.org**
Mail Registration Form and Payment to: **MJL Foundation, PO Box 78, Donahue, Iowa 52746**

Waiver and Release Agreement – MUST SIGN BELOW

WARNING: READ CAREFULLY. THIS AGREEMENT INCLUDES A RELEASE OF LIABILITY AND WAIVER OF LEGAL RIGHTS AND DEPRIVES YOU OF THE RIGHT TO SUE WALK FOR HOPE AND OTHER PARTIES. DO NOT SIGN THIS AGREEMENT UNLESS YOU HAVE READ IT IN ITS ENTIRETY. SEEK THE ADVICE OF LEGAL COUNSEL IF YOU ARE UNSURE OF ITS EFFECT.

I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event, and in good physical condition. I KNOW THAT THIS EVENT IS A POTENTIALLY HAZARDOUS ACTIVITY AND I HEREBY ASSUME FULL AND COMPLETE RESPONSIBILITY FOR ANY INJURY OR ACCIDENT WHICH MAY OCCUR DURING MY PARTICIPATION IN THIS EVENT OR WHILE ON THE PREMISES OF THIS EVENT, AND I HEREBY RELEASE AND HOLD HARMLESS AND CONVENANT NOT TO FILE SUIT AGAINST THE WALK FOR HOPE, CITY OF DEWTT, STATE OF IOWA, AND ANY AFFILIATED INDIVIDUALS OR ENTITIES ASSOCIATED WITH THIS EVENT (THE "RELEASEES") FROM ANY LOSS, LIABILITY OR CLAIMS I MAY HAVE ARISING OUT OF MY PARTICIPATION IN THIS EVENT, INCLUDING PERSONAL INJURY OR DAMAGE SUFFERED BY ME OR OTHERS, WHETHER SAME BE CAUSED BY FALLS, CONTACT WITH PARTICIPANTS, CONDITIONS OF THE COURSE, NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

If I do not follow all the rules of this event, I understand that I may be removed from the competition. I give my full permission to WALK FOR HOPE and their sponsors and corporate sponsors to use any photographs, videotapes or other recordings of me that are made during the course of this event.

I have read, understood, and accept the agreement above. Signature: _____ Date: _____
Parent/Legal Guardian if under 18 years of age: Signature: _____ Date: _____

Live Green

Register online at:
www.mjlfoundation.org

Join the new wave of race directors and events that are being more socially aware of how their actions impact our world. You can take a small step towards "Living Green" by forgoing the paper application for this event and promoting online registration.

